

Personal Equipment List - Now this list throws in everything and the kitchen sink. You could skip a few items to cut out weight and bulk. You don't need everything on this list but there are essentials to making your campouts enjoyable by being comfortable. You can use this for every campout and make adjustments for the type of activity we are doing.

Personal Overnight Gear - Found on page 224 and 225 of the BSA Handbook

- Backpack with an internal or external frame.(page 228 and 229).
- Day pack for side hikes
- Rain Cover for backpack (a trash bag will work).
- Sleeping bag in a stuff sack. (A good weight is between 3-4 pounds and rolls up small enough to carry on the outside or inside of your backpack).
- Sleeping Pad - Closed cell foam or thermarest in a stuff sack.
- Ground Cloth - a lightweight plastic sheet that you put under your tent to protect the floor and keep ground condensation out or cover your gear when it rains.
- Camp chair
  
- Eating kit -
  - Plate
  - cup
  - bowl
  - spoon
  - fork
  
- Personal Hygiene -
  - Hand towel
  - Small container of soap
  - Toothbrush
  - Toothpaste
  - Floss
  - Comb
  
- Outdoor Essentials - Page 207 - 210
  - Pocketknife (must carry totin chip)
  - personal first aid kit
  - extra clothing based on the event
  
- Rain Gear - Page 206
  - A good poncho or rain suit (Plastic disposable ponchos are not good) Keep in mind that you might be wearing your rain gear for several hours.
  
- Water Bottle - Page 209
  - 2 Quart sized Nalgene, Camelback, or an old gatorade bottle (but don't lose or throw it away).
  
- Flashlight- Page 208
  - A small headlamp or mag light is fine. No need to bring the spotlight.
  
- Matches and fire starter - Page 210
  - Put in a waterproof container, must have Fire M Chit to build fires.
  
- Trail Food - Page 209 This means things like trail mix, beef jerky. Not Sodas and chips.

- Sun Protection - Page 206 and 210
- Wide brimmed hat is best
- Sunscreen
- Sun glasses
- Baseball caps don't protect your neck and ears but are accepted.
  
- Map and Compass - Page 210
- A basic Silva type with a base, movable doghouse and arrow of direction. (Like the one on page 118)
- Maps are provided based on the campout. (Know before you go!)
  
- Personal Extras
- Watch
- Camera
- Notebook & Pencil
- Sunglasses
- Musical Instrument
- Swimsuit
- Gloves
- Stocking Cap
- Camp Shoes (no open toes)
  
- Warm Weather Clothing - Page 203
- Short sleeved shirt
- T Shirt
- Hiking Shorts
- Long Pants (Scout activity pants that zip off are great).
- Pullover fleece jacket
- Hiking Boots or sturdy shoes
- Socks
- Hat with wide brim
- Bandana
- Rain Gear
- Underwear
  
- Cold Weather Clothing - Page 204
- The type of materials for your clothing in cold weather will determine a good campout from being absolutely miserable. AVOID COTTON! Once cotton is damp, you'll be cold. If all you have is cotton socks and underwear, bring a couple extra to change into before bedtime or when feeling cold.
- Long Sleeve shirt
- Long Pants
- Sweater
- Long underwear
- Hiking Boots or sturdy shoes
- Socks (not cotton)
- Insulated parka with hood
- Warm stocking cap
- Gloves or mittens
- Rain Gear
- Extra underwear